We’ve Changed The Meaning Of Care
For Ryan.
A Life Changed

Pictured above is InterCommunity client, Ryan, along with his parents Holly and Steve.

With Health Care for the Whole Person at InterCommunity, Ryan has received coordinated Primary Care, Mental Health Care and Addiction Recovery Services that address all of his health care needs.

This life-changing care offers Ryan and his family hope and promise for the future.
A message from
InterCommunity, Inc. CEO
Kimberly L. Beauregard, LCSW

Dear Friends,

As I reflect on our accomplishments in 2016, I am reminded of the many rewarding moments in our journey toward changing the meaning of care - and caring. Since InterCommunity became a Federally Qualified Health Center Look Alike less than two years ago, we already have powerful evidence that integrated healthcare delivers better health outcomes and better client experiences.

Thanks to our dedicated, talented staff, we offer people from underserved areas the best possible care for body and mind. We know the demand is there. In this past year, we provided services to more than 10,000 people. We launched a new primary care clinic in Hartford and a medication-assisted treatment program. We have had significant and steady growth in our primary care and behavioral health divisions.

Every day, we work to improve people's lives and reduce health disparities in our community. From sponsoring free health screenings to a neighborhood forum on the opioid epidemic, we've worked to expand our outreach and strengthen our programs and services. We are well-positioned to become a full FQHC, and we will continue to seek opportunities to partner with other organizations.

The provision of high-quality health care to people regardless of their age and income level is quite possibly our society's greatest challenge. But it is also our best hope for a better future for all. I am deeply grateful for all of you who have made our successes possible through your time, resources, and talents, and I look forward to an exciting and productive year ahead.

Kimberly L. Beauregard, LCSW
When you recover and discover something that nourishes your soul, make room for it in life every day.

Beverly works with Ryan building everyday skills that will benefit him in the community.

Receiving primary care is an essential part of maintaining positive health outcomes for Ryan.
Ryan spent most of his teenage years riding his mountain bike across the United States. He lived on his own, mostly homeless, navigating the streets across 17 states.

“Everyone told me I couldn’t do it, but I did it,” said the 23-year-old, admitting it was not an easy life. “I was a rotten mess.”

Since he was young, Ryan has dealt with significant mental health conditions, starting with ADHD, ADD and ODD. He was later diagnosed with bipolar disorder and schizoaffective disorder. He was also addicted to drugs and alcohol.

He ran away from home because he just couldn’t follow the rules, and sometimes his anger and volatility got the best of him, especially when dealing with his mother Holly and stepfather Steve.

But part of Ryan’s charm is his persistence, and he knew it was time to come home to get help. Since coming to InterCommunity’s Recovery House on Coventry Street in Hartford, Ryan is now three months sober, and he is beginning to think about his future.

Ryan refers to his caseworker Beverly Waddell as an angel. She has shown him tough love when necessary – something both his parents welcome and expect. Ryan’s stepfather Steve knows all too well the challenge of addictions, as he has been clean and sober for nearly three years.

“Bev has definitely gone above and beyond the call of duty. She has genuine interest in the well-being of our son,” said Steve. “She has been a godsend to me,” added Ryan, who has received life-changing care from InterCommunity for both his physical and mental health.

Each morning to ground himself, Ryan takes to the streets on his skateboard. He loves soaring down the hills in his East Hartford neighborhood. “I feel accomplished when I go down that hill,” he said.

Ryan is happy to be back in a stable environment with his parents once again. But they have made it very clear he has to contribute to the household chores and find a purpose in life.

“Some days are better than others,” said Holly. “I just want Ryan to be successful. He is capable of so much.”

Ryan admits it isn’t easy to live with some days. But he is committed to staying on his prescribed meds, exercising on the skateboard and taking the bus over to InterCommunity’s social club, Common Ground, on Main Street in East Hartford, where he participates in group sessions and activities.

“This time I am much more devoted to doing this for myself,” said Ryan, who hopes to get his driver’s license soon and eventually land a part time job. He knows he needs to stay away from negative influences, which could easily lead him astray, and he is focused on his recovery.

“I don’t want him to wake up in a bad place wondering where did my life go,” said his mother. “Ryan needs to be around people who will bring him up. He gets that at InterCommunity.”

Ryan has also been teaching himself how to play guitar by watching YouTube videos. While his future is unclear for the moment, he said he lives by this mantra:

*When you recover and discover something that nourishes your soul, make room for it in life every day.*
We’ve Changed The Meaning Of Care. And Caring.

MAKING A DIFFERENCE

REDUCING HEALTHCARE DISPARITIES

We know that people with mental illness die an average of 25 years sooner than people without mental illness. Many of these individuals have untreated medical conditions and need primary care providers and non-judgmental, easy-to-access healthcare. In 2016, InterCommunity completed extensive renovations at our building at 281 Main Street in East Hartford. We also launched primary care services at our location in Hartford at 16 Coventry Street, making same-day health care a reality for people traditionally underserved. We now offer comprehensive primary care services for people of all ages and income levels. From flu shots to physicals, same-day access for sick visits, medication management and more, it’s all part of our “whole person” model of care.

NATIONAL HEALTH CENTER WEEK CELEBRATIONS

In August 2016 during National Health Center week, InterCommunity sponsored two well-attended community celebrations at our Hartford and East Hartford primary care locations. Participants received free health screenings, free food, face paintings for children, and vouchers for the North End Farmer’s market, along with information about InterCommunity’s health care services.
QUALITY STAFF = QUALITY CARE

Thanks to InterCommunity staff achieving optimum productivity, InterCommunity provided over 164,600 services to individuals seeking primary care, behavioral health, and addiction recovery services.

Our dedicated staff, board members, donors, and friends make it possible for us to care for people with complex health issues and improve their quality of life. We are pleased to be named a Top Workplace by the Hartford Courant for the 6th year in a row.

ADDRESSING THE OPIOID CRISIS

With the opioid epidemic destroying the lives of people in Connecticut and across the country, the need for education and addiction recovery services is stronger than ever. Opioid addiction affects people from all walks of life and from all income levels. Drug overdose deaths are now the leading cause of injury death in the United States.

In 2016, InterCommunity launched medication-assisted treatment (MAT) in Hartford. MAT combines medication, such as buprenorphine or naltrexone, in combination with group or individual counseling, to help people achieve recovery.

Besides the availability of treatment, community outreach and education are vital. In October 2016, InterCommunity hosted a community town hall open to the public called “Stop the Pain.” The forum was attended by more than 90 people and featured several speakers, including a former police lieutenant who shared his story of addiction and recovery from opiates. U.S. Senators Richard Blumenthal and Chris Murphy and U.S. Representative John Larson shared their perspectives on the government’s response to the problem.

We want to end the stigma and discrimination that often stops people from getting help. In September 2016 InterCommunity hosted a screening of the powerful film “Generation Found,” a powerful documentary about one community coming together to ignite a youth addiction recovery revolution. Facilitating a discussion about youth addiction issues in our community is the first step in finding solutions.

“IT'S TIME TO PUSH BACK ON THE OPIOID CRISIS

“It is time to push back on the opioid crisis.”

– InterCommunity employee response to Top Workplace questionnaire.
This record of giving gratefully acknowledges those who supported InterCommunity throughout the fiscal year 7/1/15 through 6/30/16.

Although this report has been carefully prepared, we recognize the possibility that errors may have been made and apologize for any misspellings or omissions.

InterCommunity is fortunate to have a generous group of contributors who work with us in our mission to improve lives. We thank our contributors for their thoughtful donations that allow us to improve and expand the very necessary services we provide to all members of our community.

DONOR RECOGNITION

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FISCAL YEAR 2016

Revenue by Source

- DMHAS: $11,173,236
- Other Grants & Contracts: $929,087
- Third Party Revenue: $9,459,387
- Other Revenue: $368,034

Total Revenue: $21,929,744

Operating Expenses: $21,922,637

Profit/(Loss): $7,107

DONOR RECOGNITION

Major Funders
- Child First
- Court Support Services Division (CSSD)
- Department of Mental Health and Addiction Services (DMHAS)
- Department of Children and Families (DCF)
- Department of Housing and Urban Development (HUD)

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Other Revenue
- 2%

Third Party Revenue
- 43%

Other Grants & Contracts
- 51%

DMHAS
- 43%

Fiscal Year 2016 Revenue by Source
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Wil Mason-Ron Formeister
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“That is what I consider true generosity:
You give your all, and yet you always feel as if it costs you nothing.”

– Simone de Beauvoir
InterCommunity, Inc. is a non-profit health care organization dedicated to providing quality primary care, mental health and addiction recovery services to every member of the community.

We treat thousands of adults, children and families each year, regardless of where they live or their ability to pay for services.

And we treat them well.

We offer patients immediate access to superior integrated health care that addresses all of their needs. We offer patients a safe and supportive environment where they can heal, recover and maintain their health over time. Most importantly, we treat each patient with the care and respect that everyone deserves.

Please consider supporting our mission and the very necessary work we do. We encourage you to become involved as a volunteer, corporate sponsor or donor. You will be inspired by the profound positive impact your contributions can make on the lives of those we serve. For more information, please contact Christina Lessard at ChristinaLessard@intercommunityct.org or (860) 291-1306.
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It is through the vision and leadership of our Board of Directors that InterCommunity continues to fulfill our mission and meet the health needs of our communities.

We are grateful for their dedication.

InterCommunity, Inc.
Administrative Offices:
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East Hartford, CT 06108
860-569-5900

www.intercommunityct.org

Our Mission:
To help people improve their quality of life by providing physical health, mental health and addiction services for optimum healing and recovery.
InterCommunity
Health Care for the Whole Person

www.intercommunityct.org
860-569-5900

Primary Care and Mental Health Care
East Hartford:
281 Main Street
860-569-5900
Hartford:
16 Coventry Street
860-714-3704

Addiction Recovery Services
Detoxification Center:
500 Blue Hills Avenue, Hartford
860-714-3700
Addiction Recovery:
16 Coventry Street, Hartford
860-714-3704

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