InterCommunity Health Care Supports Black Communities

COVID-19 Update

Coronavirus Testing at InterCommunity

Find out if you or a member of your family have coronavirus. Adults and children can now be tested at InterCommunity Health Care offices in Hartford, East Hartford and South Windsor.

<table>
<thead>
<tr>
<th>Location</th>
<th>Schedule</th>
<th>Address</th>
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<tbody>
<tr>
<td>Hartford</td>
<td>Mon., Wed. &amp; Fri. 1:00 pm - 3:00 pm Tues. &amp; Thurs. 9:00 am - 3:00 pm</td>
<td>16 Coventry Street</td>
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<tr>
<td>East Hartford</td>
<td>Wednesdays &amp; Fridays 9:00 am - 3:00 pm</td>
<td>281 Main Street</td>
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<tr>
<td>South Windsor</td>
<td>Mondays &amp; Wednesdays 9:00 am - 3:00 pm</td>
<td>828 Sullivan Ave.</td>
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• Walk up testing all locations
• No doctor's order or appointment needed
• Testing for adults and children
• Test is a self-administered nasal swab

• Bring identification and insurance card
• InterCommunity will call you with the results of your test
• Insurance and uninsured accepted

Help us stop the spread of coronavirus. Get tested today.
Please wear a face mask, scarf or bandanna and observe social distancing of 6 feet while waiting to be tested.

REMINDER: InterCommunity Health Care's detox center in Hartford is open and accepting patients. Call 860-569-5900, Ext. 515

The ABCs of Viral Hepatitis

July 28 is World Hepatitis Day, raising
awareness of viral hepatitis. More than 290 million people worldwide live with viral hepatitis but don't have symptoms and don't know they're infected. In the United States, the most common types of viral hepatitis are hepatitis A, B, and C.

**Hepatitis A:** Outbreaks do occur in the United States but there is an effective vaccine for hepatitis A. Children are recommended to be vaccinated starting at age one year, as well as travelers to countries where hepatitis A is common, people who use drugs, or have liver disease or other medical conditions. The hepatitis A virus is one of the most frequent causes of food-borne infection. While many people recover from hepatitis A with no lasting liver damage, it can cause **acute liver failure**, which is often fatal. Testing for hepatitis A is not routinely recommended.

**Hepatitis B:** Hepatitis B is a leading cause of liver cancer. While an effective vaccine is available, 2 out of 3 people don't even know they're infected. Hepatitis B can range from a mild illness, lasting a few weeks, to a serious, chronic condition including cirrhosis, liver failure, or liver cancer. The CDC recommends testing for hepatitis B for at-risk populations including people with HIV, people who inject drugs, men who have sex with men, those exposed to others with the disease, and people with certain medical conditions.

**Hepatitis C:** About 50% of people with viral hepatitis C don't know they have it, and there is no vaccine. It is a leading cause of liver cancer and liver transplants, with more than half of those infected develop a chronic infection. Hepatitis C is the most common blood-borne infection in the United States, and testing is recommended for anyone age 18 and older, all pregnant women, people with HIV, people who have injected drugs or shared needles, people who received blood transfusions or transplants before 1992, and others.

**Symptoms**

Many people with hepatitis don't have symptoms and don't know they're infected. If symptoms do occur with an acute infection, they can appear anytime from 2 weeks to 6 months after exposure. Symptoms of chronic viral hepatitis can take years, even decades to develop. Symptoms of hepatitis can include: fever, fatigue, loss of appetite, nausea, vomiting, abdominal pain, dark urine, light-colored stools, joint pain, and jaundice.

If you, or someone you know, is interested in **addiction recovery services**, **primary care**, or **mental health care** for children or adults, contact InterCommunity. To receive services at any of our Hartford, East Hartford, or South Windsor locations, please call us first at 860-569-5900.