

## ***InterCommunity Supports Black Communities***

### **Addressing Racial Inequity**

#### **Update from Kim Beaugard, President and CEO**

A big thank you to all staff who participated in the Racial/Ethnic Equity Initiative (REEI) Staff Survey. We had over 51% participation, which is a huge percentage. Usually surveys come in at about 10% return. It again shows us how invested staff are in all that they do. The REEI is excited about this response because it will allow the committee to set priorities for areas of improvement that we will undertake to improve the quality of care for all of our staff and clients/patients. We began this work in July and I know to some it feels like it has been a long time, but in reality we have accomplished much in this 4.5 months of work. We know we have much more to do.

This committee, along with ELT and the Board of Directors, will be meeting with the REEI consultants to analyze the data that we will then share with you. We will begin to set up Task Forces that others will become involved with so that each priority will be given the attention and resources it needs, as is available. BE assured, though, that this work is some of the most vital work that we will do and we will continue it until everyone experiences and demonstrates the dignity and respect that we stand for at InterCommunity Health Care.

Look for more to come. Best to all for peace and health!

### **InterCommunity Designated a CCBHC**

InterCommunity Health Care has been designated a Certified Community Behavioral Health Clinic (CCBHC) and awarded a two-year grant from the federal government to provide a comprehensive range of mental health and substance use disorder services to vulnerable individuals. The funding allows InterCommunity to expand integrated care coordination services at its three community health centers in Hartford, East Hartford, and South Windsor. Additional

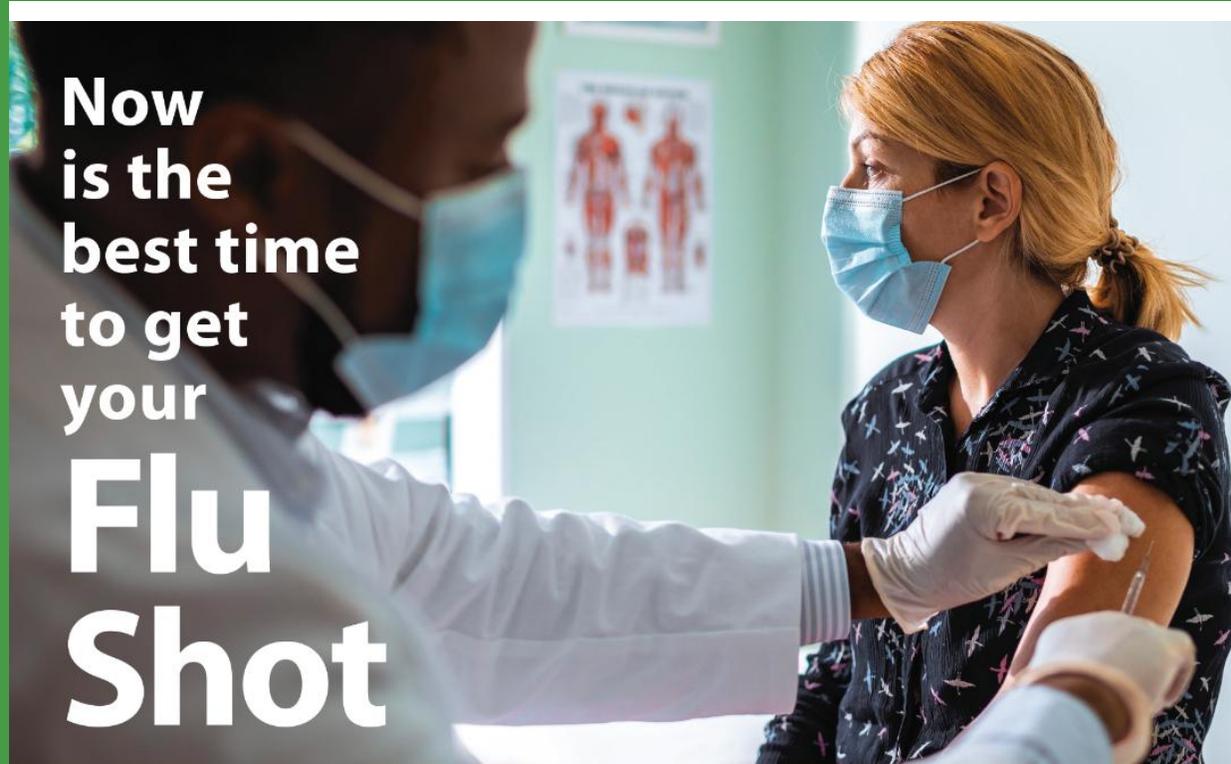


services include an enhanced case management program, 24/7 mobile crisis response, and expanded care coordination for clients receiving medication-assisted treatment (MAT).

“Dual certification as a FQHC and CCBHC is right in line with our commitment to provide whole person healthcare,” states Tyler Booth, Chief Operations Officer. “No matter which of our clinics individuals go to, they’ll get the same community support services. There is no wrong door within the agency at large.”

Ryan MacDonough, Director of Community Supports, oversees CCBHC services. “We’re excited to bring these important community support services to communities, such as South Windsor and Hartford’s North End, that didn’t have them before,” he states. “These different levels of care coordination fill a big gap.”

## Flu Shots Available at InterCommunity



Now  
is the  
best time  
to get  
your  
**Flu  
Shot**

Protect yourself from the flu and stay healthy this winter!

Get your **flu shot** at **InterCommunity Health Care** offices in **Hartford, East Hartford** and **South Windsor**. Schedule your appointment today by calling **860-569-5900**.

### Spotlight on Our Staff: Brenda Jones, Payroll Administrator

Brenda Jones, Payroll Administrator at InterCommunity Health Care, has been with the organization since 2013. “I started when there were just 80 employees,” she says. “There’s been tremendous growth over the



control officer since 2009.

years and we've come a long way. Now we have 325 employees and we've gone from manual time sheets to a web-based system through Paylocity, our payroll software, among other advances. There's always something new going on."

She notes that working for a nonprofit that positively impacts the community is a plus. "I'm glad to be part of an organization that cares about people and helps them."

Ms. Jones' responsibilities include getting employees set up with benefits, making payroll adjustments, expense reimbursements, and more. Prior to working at InterCommunity, Ms. Jones worked at Seasons Federal Credit Union as an assistant VP of Member Services. She has also served as the city of Middletown's animal

## Spotlight on Our Board of Directors

**Jim Kelly** has served on InterCommunity Health Care's Board of Directors for two years. He is a retired Assistant Attorney General in Connecticut who did child protection work in juvenile court.

"InterCommunity is a wonderful entity doing great work in primary care, mental health, and addiction recovery services," he says. As an individual in recovery himself, Mr. Kelly states he has been active in the recovery community for many years and had served on ADRC's board of directors, assisting with the merger of ADRC and InterCommunity in 2015.



### Join the Great American Smokeout: Tools for Smoking Cessation

Thursday, November 19 is the American Cancer Society's [Great American Smokeout](#), an annual event that encourages smokers to quit smoking on that day or make a plan to quit. Quitting at any age can improve health and lower the risks of cancer, heart disease and diabetes.

While quitting tobacco is not easy, there are many options and [resources](#) to help people stop smoking, including:

- **Medications.** Nicotine-replacement therapy is one type of medication, but there are also prescription medications to help reduce withdrawal and tobacco cravings.
- **Smoking cessation support groups**
- **Free [text messaging programs](#)** that give 24/7 encouragement, advice, and tips
- **Free smoke-free [apps](#)**

